



ELDERS ROCK

APRIL 1, 2009

URBAN ABORIGINAL ELDERS NEWSLETTER

VOLUME 1, NUMBER 4

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Walk Tall: Aboriginal Youth Achievement Awards

There were over two hundred applicants for the awards, congratulations to the winners!

Harry Pierre Leadership Memorial Award

Female: Charmagne Moise (Nak'azdli)

Male: Nathan Teegee (Prince George)

Mary John Sr. Academic Memorial Award

High School: Logan Erickson (Nak'azdli)

Post Secondary: Michelle Pierre (T'azten)

Sophie Thomas Traditional Knowledge and Cultural Legacy Award

18 years and under: Derek Blackman (Valemont)

19 – 35 years: Leon Erickson (Nak'azdli)

Athletic Achievement Award: Damien Ketlo (Nadleh)

Artistic Achievement Award

Visual Art: Karen Aubichon (Prince George)

Performing Art: Janine Luggi (Stellaten)

BC Hydro Business Entrepreneurial Award

Male: Daniel Cunningham (Prince George)

Female: The Baker Twins, Shannon and Shauna Baker (Stellaten)

Personal Achievement Award

18 years and under: Gordon Anatole (T'azten)

19 – 35 years: Liz Austen (Prince George)

Community Volunteer Award

Male: Jon Hansen (Prince George)

Female: Tiare Jung (Prince George)

Lheidli T'enneh Lifetime Achievement Award: Rita George (Burns Lake)

Carol Townsend Métis Award: Jean Walker (Prince George)

PGNAETA Trades Scholarship - \$1500.00 Kalen Bird (Nak'azdli)

ROCK = Reviving Our Cultural Knowledge

People had been wondering what the rock in Elders Rock stood for. It means reviving our cultural knowledge. This is appropriate because the Elders are the knowledge holders in the community.

Elders Community Meeting

The community meeting last February was very successful. Roughly 190 people participated over the two days, they discussed 33 topics and the Elders had a productive second day. For information about where to get a copy of the report, please ask Laura.

Prince George Urban Aboriginal Justice Society

The PGUAJS is seeking the wisdom and support of our Elders for a new adult justice program. Are you concerned about the way BC courts treat Aboriginal people? Do you want to see more Aboriginal justice traditions used for Aboriginal people? Would you like to be involved with finding solutions? Please contact Candice at the adult diversion program at the PGUAJS for more information. 250.596.7928 or adultdiversion@pguajs.ca.

Seven Teachings: Wisdom

Aboriginal people have survived by following their ancient philosophy of life, since time immemorial. This philosophy helps all living beings to remain connected to the Great Spirit, our Mother the Earth, and to each other.

These Seven Teachings Of Inspiration exist to maintain the sacredness of life, and to ensure survival as living beings on this Earth. They remind us that we are all one - we are all connected - regardless of racial, cultural, religious, socio-economic, or political background.

For Aboriginal people, there are Seven Sacred Teachings Of inspiration. Aboriginal people believe that watching the animals in the natural world helps us to better understand the Seven Sacred Teachings.

Nbwaa kaa win

Wisdom is symbolized by the beaver. To live in wisdom is to know that the Great Spirit gave everyone special gifts. Showing wisdom is using your gifts to build a peaceful and healthy family and community. When we know and use our gifts, we become an instrument of the Great Spirit, helping to bring peace to the world.

Happy April Fool's Day!



Unlike most of the other non-foolish holidays, the history of April Fool's Day is not totally clear. There really wasn't a "first April Fool's Day" that can be pinpointed on the calendar. Some believe it sort of evolved simultaneously in several cultures at the same time, from celebrations involving the first day of spring.

April Fool's Day seems to begin in France, 1582. Prior to that year, the New Year was celebrated for eight days, from March 25th to April 1st. With the reform of the calendar year under Charles IX, the Gregorian calendar was introduced, and New Years Day was moved to January 1st. In those days, news travelled by foot. Many people didn't receive the news for years, others refused to accept the new calendar. These backward folk were labeled as fools by the general populace. They were subject to ridicule, sent on "fools errands" or were made the butt of other practical jokes. This harassment evolved into a tradition of prank-playing on April 1st. The tradition spread to England and Scotland in the 18th century, and later to the American colonies. April Fool's Day thus developed into an international fun fest.

Top Ten April Fool's Day Pranks of All Time

As judged by number of people duped and creativity of prank.

10: Planetary Alignment Decreases Gravity

1976: The British astronomer Patrick Moore announced on BBC Radio 2 that at 9:47 AM a once-in-a-lifetime astronomical event was going to occur that listeners could experience in their very own homes. The planet Pluto would pass behind Jupiter, temporarily causing a gravitational alignment that would counteract and lessen the Earth's own gravity. The listeners were told that if they jumped in the air at the exact moment that this planetary alignment occurred, they would experience a strange floating sensation. When 9:47 AM arrived, BBC2 began to receive hundreds of phone calls from listeners claiming to have felt the sensation. One woman even reported that she and her eleven friends had risen from their chairs and floated around the room.

9: Hotheaded Naked Ice Borers

1995: *Discover* Magazine reported that the highly respected wildlife biologist Dr. Aprile Pazzo had found a new species in Antarctica: the hotheaded naked ice borer. These fascinating creatures had bony plates on their heads that, fed by numerous blood vessels, could become burning hot, allowing the animals to bore through ice at high speeds. They used this ability to hunt penguins, melting the ice beneath the penguins and causing them to sink downwards into the resulting slush where the hotheads consumed them.

After much research, Dr. Pazzo theorized that the hotheads might have been responsible for the mysterious disappearance of noted Antarctic explorer Philippe Poisson in 1837. "To the ice borers, he would have looked like a penguin," the article quoted her as saying. *Discover* received more mail in response to this article than they had received for any other article in their history.

8: The Left-Handed Whopper

1998: Burger King published a full page advertisement in *USA Today* announcing the introduction of a new item to their menu: a "Left-Handed Whopper" specially designed for the 32 million left-handed Americans. According to the advertisement, the new whopper included the same ingredients as the original Whopper (lettuce, tomato, hamburger patty, etc.), but all the condiments were rotated 180 degrees for the benefit of their left-handed customers. The following day Burger King issued a follow-up release revealing that although the Left-Handed Whopper was a hoax, thousands of customers had gone into restaurants to request the new sandwich. Simultaneously, according to the press release, "many others requested their own 'right handed' version."

7: Alabama Changes the Value of Pi

1998: The April 1998 issue of the *New Mexicans for Science and Reason* newsletter contained an article claiming that the Alabama state legislature had voted to change the value of the mathematical constant pi from 3.14159 to the 'Biblical value' of 3.0. Soon the article made its way onto the internet, and then it rapidly spread around the world. It only became apparent how far the article had spread when the Alabama legislature began receiving hundreds of calls from people protesting the legislation. The original article, which was intended as a parody of legislative attempts to circumscribe the teaching of evolution, was written by physicist Mark Boslough.

6: Nixon for President

1992: National Public Radio's *Talk of the Nation* program announced that Richard Nixon, in a surprise move, was running for President again. His new campaign slogan was, "I didn't do anything wrong, and I won't do it again." Accompanying this announcement were audio clips of Nixon delivering his candidacy speech. Listeners responded viscerally to the announcement, flooding the show with calls expressing shock and outrage. Only during the second half of the show did the host John Hockenberry reveal that the announcement was a practical joke. Nixon's voice was impersonated by comedian Rich Little.

5: San Serriffe

1977: The British newspaper *The Guardian* published a special seven-page supplement devoted to San Serriffe, a small republic said to consist of several semi-colon-shaped islands located in the Indian Ocean. A series of articles affectionately described the geography and culture of this obscure nation. Its two main islands were named Upper Caisse and Lower Caisse. Its

capital was Bodoni, and its leader was General Pica. The *Guardian's* phones rang all day as readers sought more information about the idyllic holiday spot. Only a few noticed that everything about the island was named after printer's terminology. The success of this hoax is widely credited with launching the enthusiasm for April Foolery that gripped the British tabloids in subsequent decades.

4: The Taco Liberty Bell

1996: The Taco Bell Corporation announced it had bought the Liberty Bell and was renaming it the Taco Liberty Bell. Hundreds of outraged citizens called the National Historic Park in Philadelphia where the bell was housed to express their anger. Their nerves were only calmed when Taco Bell revealed, a few hours later, that it was all a practical joke. The best line of the day came when White House press secretary Mike McCurry was asked about the sale. Thinking on his feet, he responded that the Lincoln Memorial had also been sold. It would now be known, he said, as the Ford Lincoln Mercury Memorial.

3: Instant Color TV

1962: In 1962 there was only one tv channel in Sweden, and it broadcast in black and white. The station's technical expert, Kjell Stensson, appeared on the news to announce that, thanks to a new technology, viewers could convert their existing sets to display color reception. All they had to do was pull a nylon stocking over their tv screen. Stensson proceeded to demonstrate the process. Thousands of people were taken in.

2: Sidd Finch

1985: *Sports Illustrated* published a story about a new rookie pitcher who planned to play for the Mets. His name was Sidd Finch, and he could reportedly throw a baseball at 168 mph with pinpoint accuracy. This was 65 mph faster than the previous record. Surprisingly, Sidd Finch had never even played the game before. Instead, he had mastered the "art of the pitch" in a Tibetan monastery under the guidance of the "great poet-saint Lama Milaraspa." Mets fans celebrated their teams' amazing luck at having found such a gifted player, and *Sports Illustrated* was flooded with requests for more information. In reality this legendary player only existed in the imagination of the author of the article, George Plimpton.

1: The Swiss Spaghetti Harvest

1957: The respected BBC news show *Panorama* announced that thanks to a very mild winter and the virtual elimination of the dreaded spaghetti weevil, Swiss farmers were enjoying a bumper spaghetti crop. It accompanied this announcement with footage of Swiss peasants pulling strands of spaghetti down from trees. Huge numbers of viewers were taken in. Many called the BBC wanting to know how they could grow their own spaghetti tree. To this the BBC diplomatically replied, "place a sprig of spaghetti in a tin of tomato sauce and hope for the best."



Aboriginals 'astoundingly poorer' than other ethnic minorities: Study

By Shannon Proudfoot, Canwest News Service March 30, 2009

The income gap between Aboriginals and other Canadians is so wide it should trump concerns about other ethnic disparities in this country, a Canadian economist says.

"My way of thinking about it is once you start thinking about ethnic disparity in Canada, you should really only be paying attention to Aboriginal people," says Krishna Pendakur, an economics professor at Simon Fraser University. "They're an order of magnitude worse off than all other ethnic minorities."

He and his brother Ravi Pendakur, a sociologist at the University of Ottawa, recently completed the largest study of its kind quantifying the exact size of that gap, and the results are stark.

"Those of us who live in Canadian cities have an intuitive awareness that aboriginal people are on average kind of poor," Pendakur says. "The thing is that if you then push yourself and ask how poor, you don't really have any answers. We were lacking a quantitative assessment in this area."

Using an extensive database from the 2001 census, which includes 20 per cent of all Canadian households and 100 per cent of those on Aboriginal Reserves, the researchers traced the earnings gap of several segments of the Aboriginal population, both on reserves and in cities.

They looked at Aboriginals with registered status living on and off reserve, those without registered status who still identified themselves as Indian, Métis or Inuit on the census questionnaire, and people who didn't identify themselves as aboriginal but said their ancestors were.

The income of males with registered status living on a reserve is 50 per cent lower than that of non-Aboriginals, they found, while women in the same category have incomes 21 per cent lower than other women. Registered male and female Aboriginals living off-reserve, meanwhile, have incomes 38 and 23 per cent lower than their peers — a disparity that's "less, but still gigantic," Pendakur says.

"Even comparing people who have the same age and the same education level, Aboriginal people are even then astoundingly poorer," he says.

People who claimed Aboriginal identity fared better than those with registered status but still much worse than their non-Aboriginal counterparts, he found, and even those who simply claim Aboriginal ancestry lag behind.

The income of males with registered status living on a reserve is 50 per cent lower than that of non-Aboriginals

With the study taking into account age, education and even location, prejudice is the only explanation left for this gap, says Dan Wilson, senior director of strategic policy and planning with the Assembly of First Nations.

"The openness with which racism is expressed in some parts of Canada is still very shocking," he says. "What you're seeing is the fundamental elements of race playing out in the economy."

In some cases, that means Aboriginals being told a job is not available or steered toward lower-level jobs, he says, while in others their qualifications are questioned because of a perception they didn't legitimately earn their previous experience.

"That's one of the offshoots of affirmative action — the suspicion that people got a job they didn't deserve," Wilson says. "There's a desperate need for an intelligent dialogue."

Pendakur has primarily studied other ethnic minority groups in Canada and says he's used to finding significant income disparity — but nothing like this.

"If you were looking at any other ethnic group, these numbers would all be essentially bound between 0 and 20," he says, referring to the percentage gaps in income. "You'd never see a minus 50."

Pendakur says this research is the first to calculate aboriginal income disparity across Canadian cities, and the results were unexpected. Generally, researchers find that ethnic minorities fare best in communities with large numbers of people from their own ethnicity, he says, but that pattern doesn't hold here.

In Winnipeg — home to the highest number of Aboriginals in Canada, who account for 10 per cent of the city's population — men with registered status living off-reserve earn 47 per cent less than their peers, while women in the same situation earn 38 per cent less. In Toronto, however, where Aboriginals make up only 0.5 per cent of the population, that gap was 18 and 23 per cent, respectively.

The researchers also found that there's more disparity at the bottom of the income scale than at the top, Pendakur says, meaning high-achieving Aboriginals do reasonably well compared to their peers, but there are many more Aboriginals clustered in the lowest income brackets.

"This is not a glass ceiling, it's a sticky floor," he says.

Recipe of the Month: Easter Bunny Cake



Preparation Time: 10 minutes

Cooking Time: 30 minutes

Ingredients

1 package Betty Crocker Carrot Cake mix

1 cup water

½ cup vegetable oil

1 can Betty Crocker whipped frosting

1 cup flaked coconut

Construction paper

Jelly beans or gumdrops

Green food coloring

Nutrition Facts

Serving Size: One slice is 1/12 of the entire cake

Amount Per Serving

Calories: 441

Calories from fat: 194

Total Fat: 21.5g

Saturated Fat: 6.6g

Cholesterol: 53mg

Sodium: 340mg

Potassium: 64mg

Sodium: 637.4mg

Total

Carbohydrates: 60.5g

Dietary Fiber: 0.6g

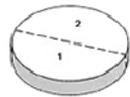
Protein: 3.7g

Sugars: 43.1g

Directions

1. Preheat oven to 350. Grease bottoms of two 8 inch or 9 inch round pans. Beat cake mix, water, oil and eggs in large bowl on low speed 30 seconds. Beat on medium speed 2 minutes. Pour into pans.
2. Bake 8 inch pans 25 to 30 minutes, 9 inch pans 22 to 27 minutes. Cool ten minutes, remove from pans. Cool completely, about an hour. Reserve one layer for another use or to make a second bunny. Cut one layer as shown in diagram (see note). Put halves together with frosting to form body. Place cake upright on cut edge on tray.
3. Cut out a notch about one third of the way up one end of body to form head (small end) as shown in diagram. Attach half of cutout piece for tail with toothpicks. Frost with remaining frosting, rounding body on sides. Sprinkle with one cup coconut. Cut ears from construction paper, press into top. Use jelly beans for eyes and nose.
4. Shake one cup coconut and three drops food coloring in tightly covered jar until evenly tinted. Surround bunny with tinted coconut. Add additional jelly beans if desired. Store loosely covered.

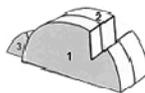
Cutting and Assembling Easter Bunny Cake



Cut cake in half.



Cut out notch about 1/3 of the way up one end of body.



Attach half of cutout piece for tail with toothpick.



Cut 4 x 1 3/4-inch ears from pink construction paper. Fold as shown.

Fun and Games

Proverbs About Wisdom and Fools

“Life is a gift of nature; but beautiful living is the gift of wisdom.”

~ Greek Adage

“It is better to keep your mouth shut and be thought a fool than to open it and leave no doubt.”

~ Mark Twain

“Never mistake knowledge for wisdom. One helps you make a living, the other helps you make a life.”

~ Sandra Carey

“Sometimes one likes foolish people for their folly, better than wise people for their wisdom.”

~ Elizabeth Gaskell

Bible Quote - Job 32:9

Great men are not always wise: neither do the aged understand judgment.

Elders Meditation

The old people say, “Learn from your mistakes”. So I try to accept everything for what it is and to make the best of each situation one day at a time.

– Dr. A.C. Ross (Ehanamani), Lakota

The Creator did not design us to beat ourselves up when we make mistakes, Mistakes are our friends. It is from mistakes that we learn. The more mistakes we learn from, the faster we gain wisdom. The faster we gain wisdom, the more we love. The more we love, the fewer our mistakes. Therefore, mistakes help us to learn about love. God is love. Mistakes are scared and help us to learn about God’s will for ourselves.

Great Spirit, help me, today, to learn from my mistakes.

Jokes



A friend was in front of me coming out of church one day, and the preacher was standing at the door as he always is to shake hands. He grabbed my friend by the hand and pulled him aside. The Pastor said, "You need to join the Army of the Lord!"

My friend said, "I'm already in the Army of the Lord, Pastor."

Pastor questioned, "How come I don't see you except at Christmas and Easter?"

He whispered back, "I'm in the secret service!"

Saving the Easter Bunny

A man was blissfully driving along the highway, when he saw the Easter Bunny hopping across the middle of the road. He swerved to avoid hitting the Bunny, but unfortunately the rabbit jumped in front of his car and was hit. The basket of eggs went flying all over the place.

The driver, being a sensitive man as well as an animal lover, pulled over to the side of the road, and got out to see what had become of the Bunny carrying the basket. Much to his dismay, the colorful Bunny was dead. The driver felt guilty and began to cry.

A woman driving down the same highway saw the man crying on the side of the road and pulled over. She stepped out of her car and asked the man what was wrong.

"I feel terrible," he explained, "I accidentally hit the Easter Bunny and killed him. There may not be an Easter because of me. What should I do?"

The woman told the man not to worry. She knew exactly what to do. She went to her car trunk, and pulled out a spray can. She walked over to the limp, dead Bunny, and sprayed the entire contents of the can onto the little furry animal.

Miraculously the Easter Bunny came to back life, jumped up, picked up the spilled eggs and candy, waved its paw at the two humans and hopped on down the road. 50 yards away the Easter Bunny stopped, turned around, waved and hopped on down the road another 50 yards, turned, waved, hopped another 50 yards and waved again!

The man was astonished. He said to the woman, "What in heaven's name is in your spray can? What was it that you sprayed on the Easter Bunny?" The woman turned the can around so that the man could read the label. It said: "Hair spray. Restores life to dead hair. Adds permanent wave."

Say a Little Prayer

Squirrels had overrun three churches in town. After much prayer, the Elders of the first church determined that the animals were predestined to be there. "Who were they to interfere with Gods will?", they reasoned. Soon the squirrels multiplied.

The Elders of the second church, deciding that they could not harm any of God's creatures, humanely trapped the squirrels and set them free outside of town. Three days later, the squirrels were back.

It was only the third church that succeeded in keeping the pests away. The Elders baptized the squirrels and registered them as members of the church. Now they only see them on Christmas and Easter.

What is Easter?

Three guys had just died and are at the pearly gates of heaven. St. Peter tells them that they can enter the gates if they can answer one simple question. He asks the first man, "WHAT IS EASTER?" The man replies, "Oh, that's easy, it's the holiday in November when everybody gets together, eats turkey, and is thankful..." "WRONG," replies St. Peter, and proceeds to ask the second man the same question, "WHAT IS EASTER?"

The second man replies, "No, Easter is the holiday in December when we put up a nice tree, exchange presents, and celebrate the birth of Jesus." St. Peter looks at the second man, shakes his head in disgust, looks at the third man and asks, "WHAT IS EASTER?"

The third man smiles and looks St. Peter in the eye. "I know what Easter is. Easter is the Christian holiday that coincides with the Jewish celebration of Passover. Jesus and his disciples were eating at the last supper and He was later deceived and turned over to the Romans by one of his disciples. The Romans took Him to be crucified and was stabbed in the side, made Him wear a crown of thorns, and He was hung on a cross. He was buried in a nearby cave which was sealed off by a large boulder. Every year the boulder is moved aside so that Jesus can come out, and if He sees his shadow there will be six more weeks of winter."

Easter Jokes

Q: How do you catch a unique bunny?

A: Unique up on it!!

Q: Why did the Easter egg hide?

A: He was a little chicken!

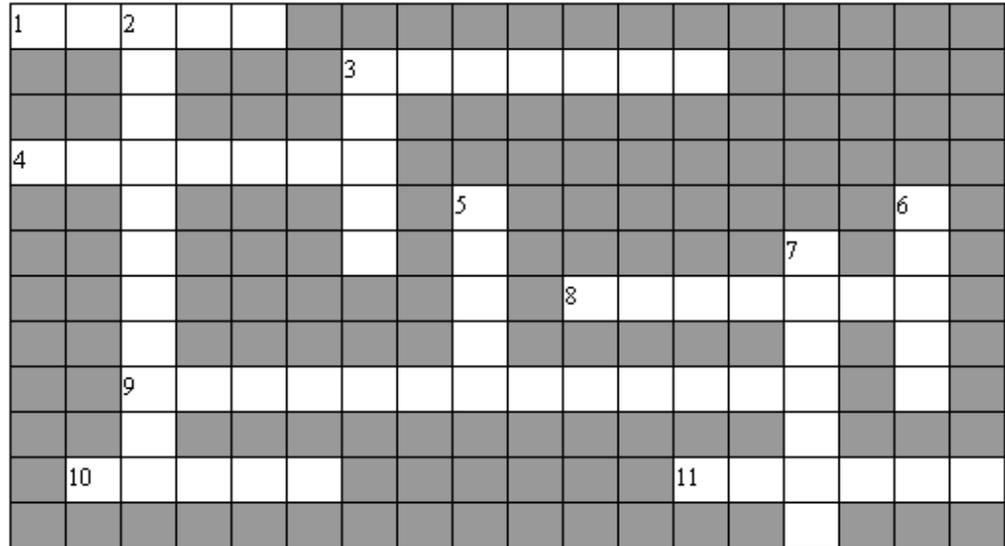
Q: What do you call the Easter Bunny after a hard day's work?

A: Tired.

Puzzles

Dak'elh Crossword Puzzle

How well do you know the Carrier language? The words are in Carrier.
Glodel (°) marks are not included. Answers on last page.



Across

1. Sweet stuff
3. Baby
4. Rabbit snare (in case you wanted to capture the Easter bunny)
8. Carrot
9. Boiled egg
10. Chick
11. Sugar

Down

2. April
3. Egg
5. Candy
6. Duck
7. Church



Upcoming Events and Information

Hobbies Contractor

There is a vacancy in the hobbies contract for the PGRCC. This contract will consist of a part time contract of 25 hours per week over a five day schedule, five hours per day. The hobbies contractor should have a background that will assist him/her in being able to instruct the inmates on pro-social arts and crafts with some experience in teaching Aboriginal crafts (i.e., dream catchers, moccasins, drums). The applicant should have a keen ability to work closely with the programs staff to maintain professional contact with the inmates, while exhibiting a strong comprehension of security protocols.

Location: PGRCC

Date: Starting April 1st, 2009

Contact: Matt Laferdy - 250 960 3052

Easter Bazaar

Perogies, cabbage rolls, baking, Ukrainian Easter eggs, and sausage.

Location: St. George's Ukranian Catholic Church

Date: Saturday, April 4th

Time: 10 am to 1 pm

Contact: Rose Marie 250.564.3577

Royal Purple Spring Bazaar

Lunch served from 11:30am (Best Deal in Town) Craft Tables, Bake Tables, Cook Books, Candy Tables, Day Raffle, Silent Auction

Location: Canadian Legion Auditorium – 1335 7th Avenue

Date: Saturday, April 4th

Time: 11 am to 3 pm

Contact: Jan Gammie 250561.0525

Palm Sunday Brunch

Come join us for brunch at the Blackburn Community Centre on Sunday.

Location: Blackburn Community Centre 2451 Blackburn Road

Date: Sunday, April 5th

Time: 9.30 am to 11.30 am

Cost: \$10 for adults, \$8 for seniors and students, free for children under 5

Contact: Claudia Reich 250.963.3292

Potluck Lunch – Nechako Métis Elders Council

There will be a potluck lunch, 50-50 Easter draw.

Location: Moose Hall, Douglas Street

Date: Sunday April 5th

Time: 12 pm – 4pm

Cost: Free, bring a dish

Contact: Joyce Roberts - 250 562 6325

“Lack of communication will destroy things.”

Crib

There is a crib game every Monday night at the Moose Hall. This is open to everybody, but you must be nineteen or older to attend.

Location: Moose Hall, Douglas Street

Date: Monday April 5th

Time: 7 pm

Cost: \$5.00 fee

Searching the Internet for Adults

Are you boggled and baffled by tech terms and tools? Then come to the library on Tech Tuesday for a FREE session on how to search the internet.

Location: Bob Harkins branch of the public library

Date: Tuesday, April 7th

Time: 7 pm to 8.30 pm

Cost: FREE

Contact: 250.563.9251

Hart Pioneer Easter Tea & Hat Parade

Win Best Hat Prize and other Prizes. Entertainment & Goodies. Everyone welcome.

Location: 6986 Hart Highway

Date: Wednesday, April 8th

Time: 1 pm to 3 pm

Cost: \$5.00

Contact: Janet Dahlberg 250.962.6712 or 250.962.9834

Easter Dinner

Spruce Capital Senior Citizen Recreation Centre is having an Easter dinner. Everyone is welcome.

Location: 3701 Rainbow Drive

Date: Thursday, April 9th

Time: 11.30 am to 1 pm

Cost: \$6.50 for members, \$7.50 for non-members

Contact: 250.563.6450

Ham & Roast Beef Dinner

Join us for Easter dinner, buffet style.

Location: Senior Activity Centre – 425 Brunswick Street

Date: Sunday, April 12th

Time: 5 pm to 6 pm

Cost: Adults \$9.00, Children under 12 \$4.00

Contact: 250.564.3287

Downloading Audiobooks for Adults

Are you boggled and baffled by tech terms and tools? Then come to the library on Tech Tuesday for a FREE session on how to download audiobooks and more!

Location: Bob Harkins Branch of Prince George Library

Date: Tuesday, April 14th

Time: 7 pm to 8.30 pm

Cost: FREE

Contact: 250.563.9251

First Nations Retreat

The focus of the retreat will be an exploration of our response as persons who are Beloved of God: chosen, blessed, broken, shared. There will be personal reflection time as well as time for crafts.

Location: Domano Renewal Centre – 110 6500 Southridge Avenue

Date: Friday, April 17th to Sunday, April 19th

Time: 6.30 pm

Cost: \$100.00

Contact: Priscilla Soloman 250.964.4475

Genealogy Club

The genealogy club meets on the third Tuesday of each month. The topic for April is “the most interesting person in my family tree”. Members are to come with a short statement about an interesting person.

Location: St. Giles Presbyterian Church, 1500 Edmonton Street

Date: Tuesday, April 21st

Time: 6.45 pm to 9 pm

Foot Care Clinic

Nurses from “We Care” do complete foot care.

Location: Senior Activity Centre – 425 Brunswick Street

Date: Wednesday, April 22nd

Time: 8 am to 4 pm

Cost: \$20.00

Contact: 250.564.3287

Garage Sale

Donations greatly accepted.

Location: Spruce Capital Senior Citizens Recreation Centre

Date: Saturday, April 25th

Time: 9 am to 2 pm

Cost: FREE

Contact: 250.563.6450

Get to Know Contest

Prominent Canadian wildlife artist Robert Bateman is inviting youth across Canada to create works of art, writing, or photography that celebrate biodiversity. Go outdoors, to a local zoo, museum, or aquarium, “get to know” your wild neighbors, and then enter the Get to Know Contest.

Winners will receive fantastic prizes, including the chance to have their artwork featured on Canada’s first ever Youth Wildlife Habitat Conservation Stamp, a trip to the Parks Canada Palisades Stewardship Education Centre in Jasper, their work published in a nationally distributed 2010 calendar, digital cameras, art supplies and much more.

Location: Entry forms available at the Exploration Place

Contact: www.gettoknow.ca

Garage Sale Fundraiser

There will be a garage sale to raise funds for the cancer walk. There will also be entertainment and food.

Location: Ball Park

Date: Sunday, April 26th

Time: 9 am to 3 pm

Cost: FREE

Contact: Peter Ghostkeeper

Grandchildren of the North

The Grandchildren of the North will be dancing:

Sunday, April 26th - at the cancer fundraiser at the ballpark

Friday, May 1st – Fort St. James

Saturday, May 9th – Cancer Walk

Thursday, May 28th – Qunison School Talent Show

Come out and support this group.

Contact: Joyce Roberts 250 562 6325

Adult Jigging Club

The adult jigging club will be dancing:

Sunday, April 26th - at the cancer fundraiser at the ballpark

Saturday, May 9th – Cancer Walk

Come out and support this group.

Contact: Joyce Roberts 250 562 6325

Potluck Lunch – Nechako Métis Elders Council

There will be a potluck lunch, craft, bingo and crib.

Location: Moose Hall, Douglas Street

Date: Sunday May 3rd

Time: 12 pm

Cost: FREE, bring a dish

Contact: Joyce Roberts - 250 562 6325

The Exploration Place

We will return to our summer hours. We will now be open seven days a week from 10 am to 5 pm until Thanksgiving long weekend when we return to our winter hours.

Location: The Exploration Place

Date: Monday, May 18th, 2009

Aquatic Centre

Toonie swim hours:

Monday to Friday: 12 pm – 1 pm, 2 pm – 3pm

Monday to Thursday: 9 pm – 10 pm

Location: Aquatic Centre

All My Relations

There will be AA meetings on Sunday nights, followed with an after session smudge ceremony.

Location: Alano Club – 766 Alward Street

Date: Sundays

Time: 6 – 7 pm

Cost: Free

Contact: 250 563 9517

Contact Information

Aboriginal Business & Community Development Centre – 250 563 6325

Crisis Line – 250.563.1214

Dak’elh Elders - 250.614.7731

Lheidli T’enneh - 250.963.8451

Nechako Métis Elders - 250.562.6325

Prince George Métis Elders - 250.562.2771

Prince George Native Friendship Centre – 250.564.3568

Residential School Crisis Line – 1.866.925.4419

Residential School Settlement: Common Experience Payment –
1.866.699.1742

Answers – Carrier Crossword Puzzle

Across

1. Sweet stuff - gandi
3. Baby – ‘uskiyaz
4. Rabbit snare - gohbilh
8. Carrot - lugalat
9. Boiled egg – ‘ughez nesdlez
10. Chick - ligok
11. Sugar - soogah

Down

2. April – neshen suli
3. Egg – ‘ughez
5. Candy – bat’en
6. Duck – dut’ai
7. Church - dlizkoo

Is there something you would like to see in the newsletter? Contact Laura at 250.562.6325 or blumhagen@bcgroup.net – this is YOUR newsletter! The deadline for the May edition of Elders Rock is April 27th.

